

Dear All,

I hope everyone is staying safe during this difficult time. Brooklyn Somatic Therapy has created new virtual bereavement groups to support clients who have lost family members during this painful time. Since these groups are support groups, participants from all over the country can participate. Here are the new groups being offered:

**Losing a Spouse to Coronavirus**

This group is a support group for people who have lost their spouses and partners to coronavirus. The group will bring together others who are struggling to come to terms with the loss, to create a sense of closure, and to grieve in community. This group will meet virtually for 12 weeks on Mondays from 7-8pmET.

**Grieving from Afar: Losing a Parent to Coronavirus:**

This group is a support group for people who have lost parents to coronavirus and can not grieve in person with their loved ones. The group will bring together others who are struggling to come to terms with the loss, to create a sense of closure, and to grieve in community. This group will meet virtually for 8 weeks on Mondays from 6-7pmET.

**Support Group for Clergy During The Pandemic:**

Clergy are often the emotional supports to so many families struggling with crisis and tragedy--burying the dead, supporting the grieving, all the while at risk of developing their own vicarious trauma symptoms as a result. This group will blend psycho-education on vicarious trauma, clinical supervision for clergy looking for pastoral care support, and emotional support to clergy currently on the front lines. We will meet virtually for 8 weeks.

Please send any clients who may benefit from a group like this to me at [rebecca@brooklynsomatictherapy.com](mailto:rebecca@brooklynsomatictherapy.com) and to the Brooklyn Somatic Therapy website, [brooklynsomatictherapy.com](http://brooklynsomatictherapy.com).

Thanks, and stay safe...

Warmly,  
Rebecca

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Rebecca E Stone LCSW, CHT

**Brooklyn Somatic Therapy**

Founder and Clinical Director

<https://brooklynsomatictherapy.com/>

Certified Hakomi Therapist

Certified Emotion-Focused Couples Therapist (EFT)

Somatic Experiencing Therapy, Intermediate III Level